

# « Group Exercises

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## **Exercise #1** (15 Minutes)

Ask the participants to break up into small groups (three or four recommended) and make a list of at least five ways that finding more than one right answer can benefit their team or organization.

After about five minutes, bring the participants back together and ask them to share their list with the larger group.

Have a brief discussion about the common themes mentioned and how they can implement this mindset in their work.

## **Exercise #2** (10 Minutes)

Give the group a few minutes to individually make a list of their current projects. Next, ask them to circle the two most challenging projects. (If time is limited, ask them to circle only one project.)

After they have completed this step, have each participant partner up with someone from outside their team or organization to discuss the projects they circled. Encourage them to view their challenges as opportunities and have each pair brainstorm possible solutions. Remind them that for this exercise, no solution is too big or small, and remind them to include answers that may seem impossible.

At the conclusion of this exercise, participants should have a few new ideas to help them with their biggest challenges.

## **Exercise #3** (10 Minutes)

As a large group, have a discussion about innovative solutions and new ideas that have changed the world on any scale. These can be from a variety of industries. Write these down for the group to see.

Next, ask the group to use their imaginations and make a list of future innovations and products. Encourage them to be creative and open with their ideas.

Finally, spend a few minutes discussing how using a mindset of more than one right answer can help us discover extraordinary solutions not only on a larger scale, but also on a smaller scale and in our home and work life.