

TRAINING GUIDE

WE ARE
THE
ONES

A SHORT FILM BY PAUL HOPKINS



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WELCOME

Welcome to We Are The Ones

About the Program

Thank you for your interest in *We Are The Ones*. This versatile short program can be used with any audience for any occasion. Whether you are using *We Are The Ones* as a meeting opener or closer or for any other purpose, this program will inspire viewers and motivate them to take action.

On the *We Are The Ones* DVD and VHS sale copies, you will find three versions of the program: the original, a version that highlights concepts from the program with graphic slates, and a version without graphics or voice over (music only). This makes the program more customizable for your training session.

About the Guide

This guide will help you lead your participants through a discussion about the program and how it is relevant to your organization. It also gives you the freedom to utilize the components you feel will work best for your group. The self study guide, which directly follows this training guide, is also available.

Concept Review

This Is The Hour

The introduction to *We Are The Ones* states:

“We have been telling the people that this is the Eleventh Hour.

Now you must go back and tell the people that this is the hour.

There are things to be considered.

Where are you living?

What are you doing?

What are your relationships?

Are you in the right relation?”

This extremely powerful introduction encourages self evaluation.

This evaluation can also be extended to your organization. By asking and answering these difficult yet important questions, there is less likelihood of becoming indifferent. We will develop a better understanding of what actions we need to take in our personal lives, in our organizations, in our families, and in our communities.

Do Not Look Outside Yourself For a Leader

Once we have an understanding of our reality, once we understand what needs to be accomplished, the next step is to take action. To step up and make a change.

And change is not easy. In fact, for many people it is quite frightening. Personally or professionally, effective change likely means more work and new challenges. It is easy to slip into the mentality that someone else will initiate the change, to think: “What can I do, I am only one person?” Instead, be the one to take yourself and your organization into the future. Even the smallest change can have a positive impact.

Every individual has a unique ability to make a difference. From initiating an office recycling program to organizing a community event, make the decision to personally take action.

As the program states, “Do not look outside yourself for a leader.”

Celebrate

“See who is in there with you and celebrate.

At this time in history, we are to take nothing personally.

Least of all ourselves.

For the moment that we do,

Our growth and our journey comes to a halt.”

In order to take action and influence change, it is also helpful to create a community and build a strong support network. These strong networks will encourage us to achieve our goals, whatever they may be. These teams will support us through our accomplishments, as well as our setbacks.

Additionally, it is easy to take negative feedback personally, to let it deter you from moving forward. Instead of taking it personally, experiencing greater stress, and letting it hold you back, enable yourself to move forward. Celebrate what you have done and what you are trying to accomplish. While it is important to be open-minded to different ideas, it is also important to harness your momentum, understand your destination, and celebrate your journey.

Questions:

1. *We Are The Ones* asks us to evaluate our current situations and consider the following questions:

“Where are you living?

What are you doing?

What are your relationships?

Are you in the right relation?”

What does this mean to you personally or professionally?

2. In part, *We Are The Ones* is about change. What are some recent changes that have happened within your organization? How were they received? In your opinion, what do you believe needs to be changed within your organization? How can you help make this change happen?
3. In your opinion, what does the statement “Do not look outside yourself for a leader” mean? If you do not currently consider yourself a leader, what are some steps you can take to become more confident in your leadership abilities?
4. What is the difference between being a leader and displaying leadership, if any? As a group, discuss different leadership styles.
5. How can you maintain your momentum and complete your projects if you receive negative feedback? How can you turn negative feedback into something positive?
6. How do you create an organization where team members believe in the vision? Is it possible for an organization to be successful if the team members do not believe in the vision?

7. How can creating a community help you and your organization better achieve your goals? How do you thank people who work with you and support you?

8. Consider the impact of the following statements from *We Are The Ones*:

- We have been telling the people that this is the Eleventh Hour. Now you must go back and tell the people that this is the hour.
- Create your community. Be good to each other. And do not look outside yourself for a leader.
- See who is in there with you and celebrate.
- All that you do now must be done in celebration.
- We are the ones we've been waiting for.



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